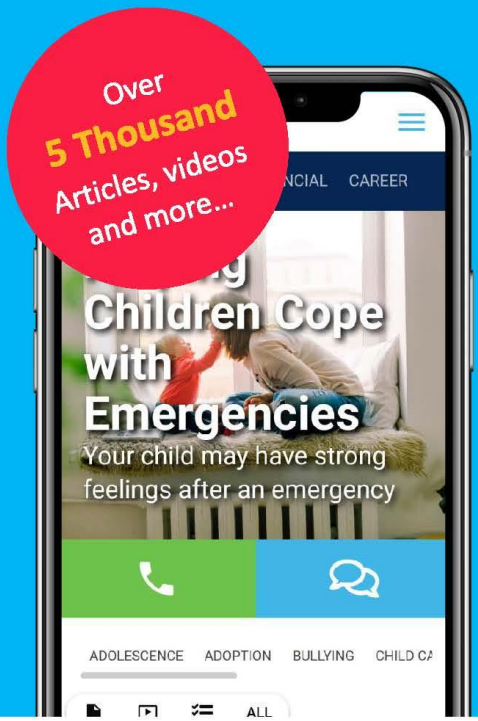



# MyLifeExpert

Our work/life portal gives members access to thousands of up-to-date, topic-related **articles**, **videos**, **podcasts**, **calculators**, interactive **checklists**, **webinars**, and more related to:

- **Financial & Legal**
- **Child Care & Education**
- **Eldercare**
- **Health & Wellness**
- **Career & Military**
- **Everyday Living and more...**

*Available in English, Spanish and French*

Health & Lifestyle Assessments

50+ Soft Skills Courses

Financial Calculators

Nationwide Resources

24/7/365 Support

**Members have instant, confidential, 24/7/365 support to get access to the help they need all in the palm of their hand.**

Create your account at
**PennMedicineEAP.MyLifeExpert.com**

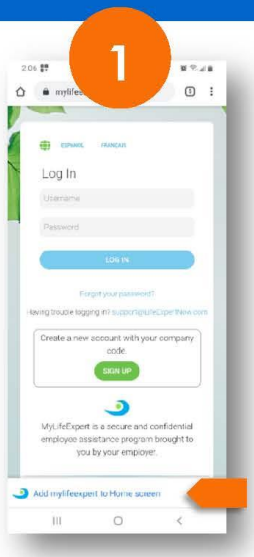
Scan Here to Download:

**Help is a one call or click away!**
800 527-0035

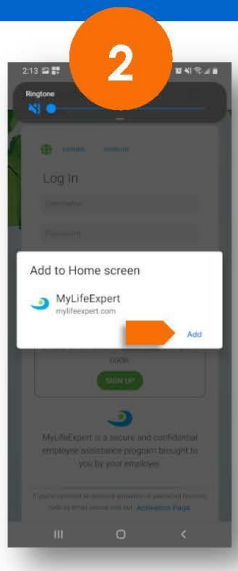
Use company code: **PR046**

EMPLOYEE ASSISTANCE PROGRAM - AVAILABLE 24/7 - ALWAYS CONFIDENTIAL

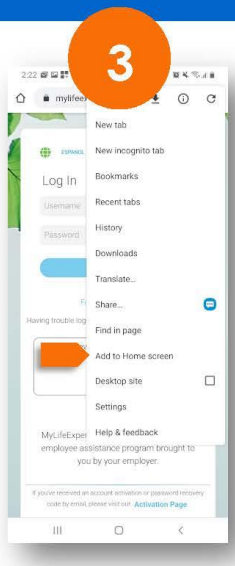
# 4 EASY STEPS to download MyLifeExpert to your Android.



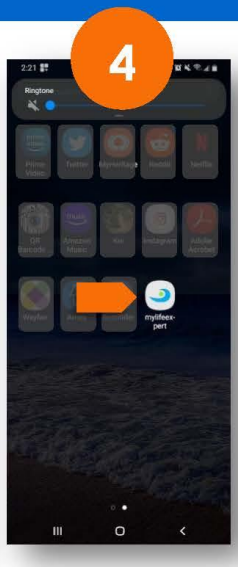

Visit **MyLifeExpert.com** in Chrome or scan QR code




Click the '**Add**' button on the pop-up




Or select - **Add to Home Screen** in the menu




Wait a few seconds to download.
You're now ready to enjoy **MyLifeExpert**

## What is a PWA -Progressive Web App?

A **PWA** is a mobile app that you download from a web browser on a mobile device. If you have ever seen an **'Add to Home Screen'** banner pop-up while browsing a website on your phone, and when you click the button, it installs itself on your home screen.

After the install, you can use the app icon on your phone or tablet and browse the same site you were accessing in your browser, but now it looks and feels like a native app, and you didn't have to visit an app store to get it.

Create your account at
**PennMedicineEAP.MyLifeExpert.com**

Scan Here to Download:

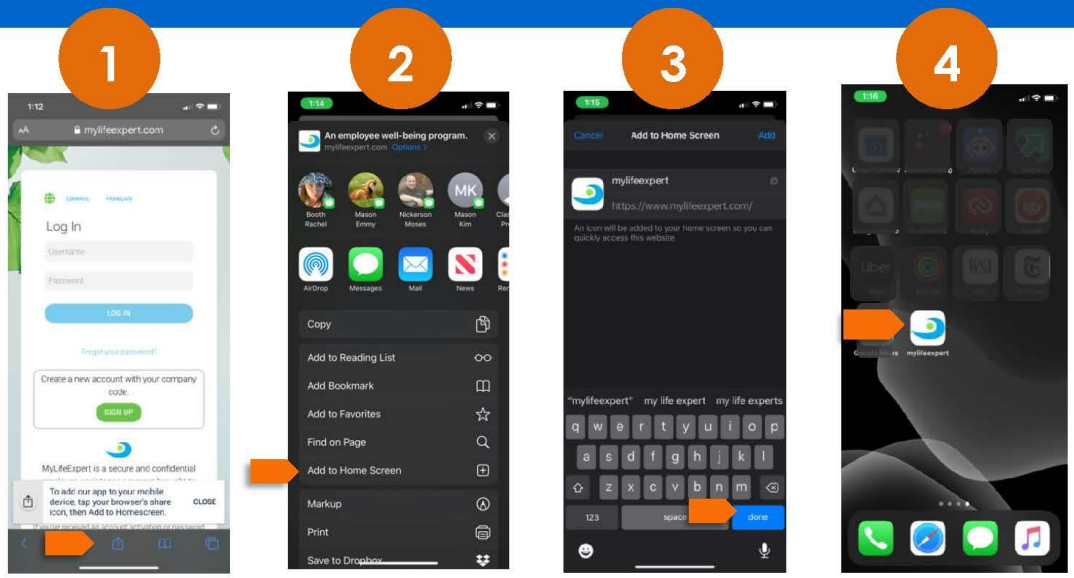
Help is a one call or click away!

800 527-0035

Use company code: PR046

EMPLOYEE ASSISTANCE PROGRAM - AVAILABLE 24/7 - ALWAYS CONFIDENTIAL

# 4 EASY STEPS to download MyLifeExpert to your iPhone.




Visit **MyLifeExpert.com** in Safari or scan QR code

Click the '**Add**' button on the pop-up

Click the blue '**Add**' or '**done**' button

Wait a few seconds to download. You're now ready to enjoy **MyLifeExpert**

## What is a PWA -Progressive Web App?

A **PWA** is a mobile app that you download from a web browser on a mobile device. If you have ever seen an **'Add to Home Screen'** banner pop-up while browsing a website on your phone, and when you click the button, it installs itself on your home screen.

After the install, you can use the app icon on your iPhone or iPad and browse the same site you were accessing in your browser, but now it looks and feels like a native app, and you didn't have to visit an app store to get it.

Create your account at
**PennMedicineEAP.MyLifeExpert.com**

Scan Here to Download:

Help is a one call or click away!

800 527-0035

Use company code: PR046

EMPLOYEE ASSISTANCE PROGRAM - AVAILABLE 24/7 - ALWAYS CONFIDENTIAL